

DONATION GUIDE

Suggested non-perishable food and hygiene items for food pantry donations. Please ensure all items are unopened and not expired.

Provide guidance on collecting items:

- Most requested pantry foods
- Items not recommended for donation
- Kid-friendly food options
- Seasonal donation needs

Fruits

- Canned peaches (in juice)
- Canned pineapple
- Canned pears
- Applesauce cups or jars
- Fruit cups
- Dried raisins
- Dried cranberries

Vegetables

- Canned corn
- Canned green beans
- Canned carrots
- Canned peas
- Canned mixed vegetables
- Canned diced tomatoes

Protein

- Canned tuna
- Canned chicken
- Peanut butter
- Almond or sunflower seed butter
- Canned beans (black, kidney, pinto)
- Chili with beans
- Shelf-stable milk
- Canned soup with protein

Whole Grains

- Brown rice
- White rice
- Oatmeal packets
- Whole grain pasta
- Macaroni and cheese
- Whole grain crackers
- Pancake mix
- Cornbread mix

Other Helpful Pantry Items

- Pasta sauce
- Chicken broth
- Instant mashed potatoes
- Cooking oil
- Salad dressing
- Honey or syrup

Kids' Items

- Granola bars
- Applesauce pouches
- Peanut butter crackers
- Shelf-stable chocolate milk
- Individual cereal cups
- Fruit snacks

Personal Hygiene Items

- Toothbrushes
- Toothpaste
- Bar soap
- Shampoo
- Deodorant
- Feminine hygiene products

Seasonal Favorites

- Hot cocoa mix
- Holiday cookie mix